

# REAP Report

## He Poutoko Matauranga Rural Education Activities Programme



### NOVEMBER 2009 - WELCOME TO OUR REAP REPORT

**WHITE RIBBON DAY- SUPER MAORI FULLAS** Bike Ride in support of White Ribbon Day. The Super Maori Fullas will be riding through Taupo on 26 November around lunchtime (12.30). Look out for them near the Domain join them for a chat. Lunch will be available for purchase as fundraisers for local groups. There will be a White Ribbon Breakfast hosted by the Men at Work group on 25 November 8am onwards. Please come along and show that you do not support violence against women and children!

**ACC TAI CHI** – Enrol now for next year as we start nice and early in February and this is the last REAP REPORT before then. Tai Chi has been proven to increase your strength and balance in order to prevent falls and it is FREE! Call REAP for more details- some criteria apply.

**ADVANCED FELT MAKING** – Sharon McNie well known Fibre Artist of Omori will be taking another Felt Making class for advanced/ experienced “felters”. Bring lunch to share and enjoy a happy day crafting a unique joined piece (a hat or bag). Cost \$65 at the Omori Community Hall 12 December 9-3pm. Please register and pay with REAP as early as possible beforehand.

**HEAR AND SAY BASIC TE REO**- Improve your organisation’s customer service as well as your own knowledge. Learn correct pronunciation of Maori including local place names, streets etc. Learn how to introduce yourself in Maori – invaluable for all those community meetings. Locals Jeffrey Addison and Whaitiama Te Whare creators of Toro Pikopiko television series, radio programmes and live puppet shows are keen to share their unique fun way of learning Maori. Great for kinetic learners- those who need plenty of visuals and movement. There are two options on offer - an all day intensive on 10 December – bring your workmates – a fun day to unwind a bit at this time of the year or for those who can’t make it during the day, 4 weeks of night classes starting from 25th November.

**TEEN MUMS TAUPO** Creche provided. We are considering setting up an option in Taupo. Please register your interest with us. Teens (up to 19 years only) learning NCEA Level 1 English and Maths one afternoon per week.

**WATERCOLOUR Workshops in KINLOCH.** Sue Graham is a talented artist and teacher who guarantees you will enjoy yourself in her classes. It has been very exciting to see some people discover natural talent they didn’t know they had. Two workshops left for the year – 29 November and 13 December.

If you are in a rural area and would like to learn something new for 2009 or have a skill you would like to share please contact our Adult Community Education Coordinator Linda Moss on 378 8109 ext 7.



### NEW PROGRAMMES

#### ADVANCED FELT MAKING

**Saturday 12 December 2009**  
Time: 9.00am - 3.00pm  
Venue: Omori Community Hall  
Cost: \$65

#### “HEAR AND SAY” 1 DAY INTENSIVE MAORI LANGUAGE PRONUNCIATION COURSE

**Thursday 10 December 2009**  
Time: 9.30am - 3.30pm Venue: REAP  
Cost: \$55 (includes lunch)

#### “HEAR AND SAY” MAORI LANGUAGE ENHANCEMENT COURSE

**Wednesdays 25 November - 16 December 2009**  
Time: 7.00pm - 9.00pm Venue: REAP Cost: \$20

#### WATERCOLOUR WORKSHOPS

**Sunday 29 November**  
**Sunday 13 December**  
Time: 12.30 - 4.30pm  
Venue: Kinloch Hall - Kinloch Cost: \$40

#### BRAINWAVE

**Wednesday 18 November 2009**  
Time: 9.30am - 11.30am  
(Followed by shared lunch)  
Venue: Reap playgroup in Baden Powell Building, Kakehe Place, Turangi. Cost: Gold coin donation

#### RURAL ROUND UP

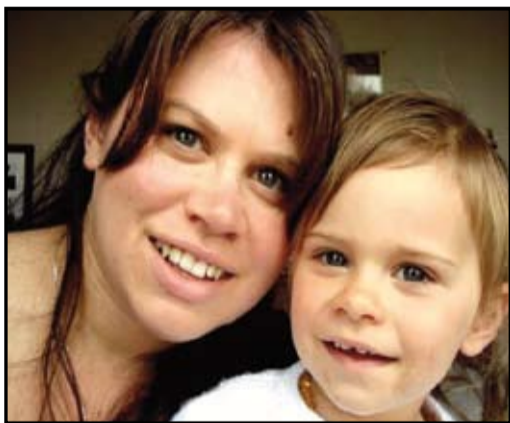
- Brainwave - Turangi
- Introduction to Watercolour - Kinloch
- ACC Tai Chi - Mangakino
- Advanced Felt Making - Omori

#### REAP REGULARS

- Toughlove
- Budgeting for Change
- Parenting Help
- NCEA Level 1 for Teen Mums
- Yoga
- S\*K\*I\*P Parenting
- ACC Tai Chi

### Toughlove TUESDAYS IN TAUPO 7PM @ REAP

Looking for solutions to family problems? Come to a parents support group run by parents for parents. **Toughlove** is a low cost (pay what you can afford) programme offering parents support to enhance their parenting skills. Usually for parents of teenagers but if you are having some issues – don’t wait til then come now!



Mummy & Abigale

“Hi my name is Lou Mansfield. I recently attended a SKIP workshop after my friend mentioned it to me. I had never heard of SKIP and initially thought – I don’t need to go I’m a pretty good parent. However, I went along and was very pleasantly surprised at how good it was! The tips I picked up on the most were about “listening” and seeing things from the child’s point of view. I remember Keren mentioned there are 600 minutes in a day and so what are 2 or 3 minutes to give your child your undivided attention? I have been practising really listening to Abigale my 2 year old daughter and have been amazed at how much she talks back to me. I would have missed that in my normal busy routine. Abigale was also a bit of a tantrum thrower so the tips on how to handle that were also great. Just divert her energy into something else or ignore them altogether. This is also working well for me. I really did think the workshop was awesome. Abigale played happily in the crèche provided. I would recommend SKIP workshops to anyone – tell your friends!”

Our next SKIP workshop is on 11 November at REAP 9.30-12.30. We look forward to meeting you!

### The MEN’S SHED is OPEN every Thursday from 2.30-4.30pm

Men of all ages are welcome to come together to share their knowledge and skills with each other and with younger generations. Youth are welcome. 91 Titiraupenga Street (behind St Andrews Church) Wooden Christmas Present Making – not too late to join in! Just come along with your \$5 (materials and tools provided). Choose to make one or more from a toy truck, a spinning top, a chopping block or an easel for a cookbook! Feel free to bring sons or grandsons. Youth also welcome. Option 1: Wednesdays From 4 November 7-9pm • Option 2: Thursdays From 5 November 2.30-4.30pm.



To register phone: 378 8109, fax 378 0569  
or email: reception@reap.org.nz  
Payment required before commencement of all courses