



Self Development for Women

Come and join us to learn how to develop
Self-Confidence, Self-Respect and GREAT Self Esteem!

- Are you facing a new stage in your life and need some help with the transition?
- Do you wish you were more self-assured, self- confident?
- Are you assertive and can say no without feeling guilty?
- Do you wish you had a healthy self-esteem and more happiness in your daily life?

Tutor: Malou Bromley, MNZAC, Relationship Counsellor

Dates: 4 weeks from 27 July to 17 August

Time: Tuesday Evenings 7.00pm to 9.00pm

Venue: REAP

Fee: \$15

Numbers: Maximum 12 - Minimum 6

Register and pay BY 23rd July with REAP 73 Titiraupenga St, TAUPO
or email reception@reap.org.nz or phone: 378 8109. Online payments
accepted.

See also our website for details of all our programmes

www.reap.org.nz

